

Personal Items-check list:

Large backpack or duffle bag w/ shoulder straps  
Small carry-on bag for bus ride  
3-4 set of travel clothes (not to be used for work)-store in large zip lock bags  
3-4 sets of work clothes-that can be discarded  
    Long pants  
    Long sleeve shirt  
One set of night clothes- sweat pants/shorts and t-shirt  
Casual shoes/ sneakers  
Work boots- MUST be worn at work site  
Underwear for 10 days  
Socks-10 days  
Light jacket/hat  
Washcloth  
Towels (2)  
Soap/shampoo/toilet articles  
Flip/flops for shower  
Sleeping bag  
Pillow  
Cell phone w/ charger  
Multi-port electrical outlet-charge phone, iPod, etc.  
Ear buds for any audio device –no audible sound on bus or in sleeping area  
Flash light  
Book(s), magazines, games, cards, iPod, etc. (batteries and chargers)  
Camera (extra batteries, film, etc)  
Laptop  
Lock  
Note book for journal  
Videos for bus ride  
Money- \$100+  
    Food on trip down and back  
    One dinner in the French Quarter  
    Social nights out in New Orleans  
    Incidentals